



**“HAVE
YOUR
SAY”**

**KCETB Young
People’s Survey
2023**



kcetb

Bord Oideachais agus Oiliúna
Chill Chainnigh agus Cheatharlach
Kilkenny and Carlow
Education and Training Board





Table of Contents

Background **02**

Survey Results
of Young People **08**

Conclusion **16**

Appendix **17**

BACKGROUND

Kilkenny and Carlow Education and Training Board (KCETB) receive annual funding from the Department of Children, Equality, Disability, Integration and Youth (DCEDIY) to support innovative, responsive and inclusive UBU youth work programmes, supports and services for young people in Kilkenny and Carlow.

Young people's input to the survey was very important in helping KCETB to continue to support the services that provide young people with the programmes, supports and activities they need and want.

In February 2023 KCETB was asked to prepare an area needs analysis and development of service requirement (DCEDIY Area Profile, Needs Assessment and Service Requirement (APSNAR) Tool) in preparation for Cycle 2 (2024-2026) of the UBU Scheme. As part of this process, KCETB developed a survey to capture the voice of young people, the results of which are included in this publication.



Your Place Your Space - UBU Scheme



UBU Your Place Your Space is a funding scheme which provides local services for young people.

UBU Your Place Your Space was developed in line with recommendations from the Value for Money and Policy Review of Youth Programmes (2014) through the previous Department of Children and Youth Affairs (DCYA) which is now the DCEDIY. A series of recommendations were made in relation to the redevelopment of a new scheme to replace the existing four schemes

UBU Your Place Your Space aligns with the *Better Outcomes, Brighter Futures National Policy Framework, the National Strategy on Children and Young People's Participation in Decision-Making, and the LGBTI+ and National Youth Strategies.*

Mission

To provide out-of-school supports to young people in their local communities to enable them to overcome adverse circumstances and achieve their full potential by improving their personal and social development outcomes.

Vision

All young people are enabled to realise their maximum potential, by respecting their rights and hearing their voices, while protecting and supporting them as they transition from childhood to adulthood.

Values

- Young people are free to participate in a wide range of quality activities
- Provision is rights based and young person-centred
- Empowering young people to reach their full potential
- Relationship building
- There is clarity of purpose
- Projects are maximised by promoting efficiency and effectiveness

realise their
maximum potential,
by **respecting
their rights** and
**hearing
their
voices**

UBU Projects in Kilkenny and Carlow

In 2023, the following UBU Projects were funded by the DCEDIY through KCETB:

- 1** **Kilkenny Gateway UBU Project**
(Ossory Youth)
- 2** **Kilkenny Rural UBU Project**
(Ossory Youth)
- 3** **Carlow Town and Environs UBU Project**
(CRYS)
- 4** **Carlow Traveller Project**
(CRYS)
- 5** **Tullow and Environs Youth Project**
(CRYS)
- 6** **Bagenalstown and South Carlow Project**
(CRYS)



Total UBU allocation
in 2023
€1,134,277

YOUNG PEOPLE'S SURVEY

In February 2023, a survey was created for young people and issued to post primary schools, youth organisations and youth clubs throughout Kilkenny and Carlow, as part of the development of an area needs analysis and subsequent service requirement for Cycle 2 of the UBU scheme.

Young people were invited to complete the survey and in total 276 responses were received. In some instances, responses will not add up to one hundred percent as respondents could chose multiple answers to some questions in the survey.

An analysis of the responses are provided in this report with the full survey questions available as an appendix.



Kilkenny & Carlow

99,232
Total
Population



18,264
Population
Breakdown
Aged 10-24

Source: CSO: 2016

56,932

**Total
Population**



Carlow

11,145

**Population
Breakdown**
Aged 10-24



18.8%
Young People
Across Kilkenny & Carlow
aged 10-24 years

11,185 aged 10-14

10,234 aged 15-19

7,787 aged 20-24

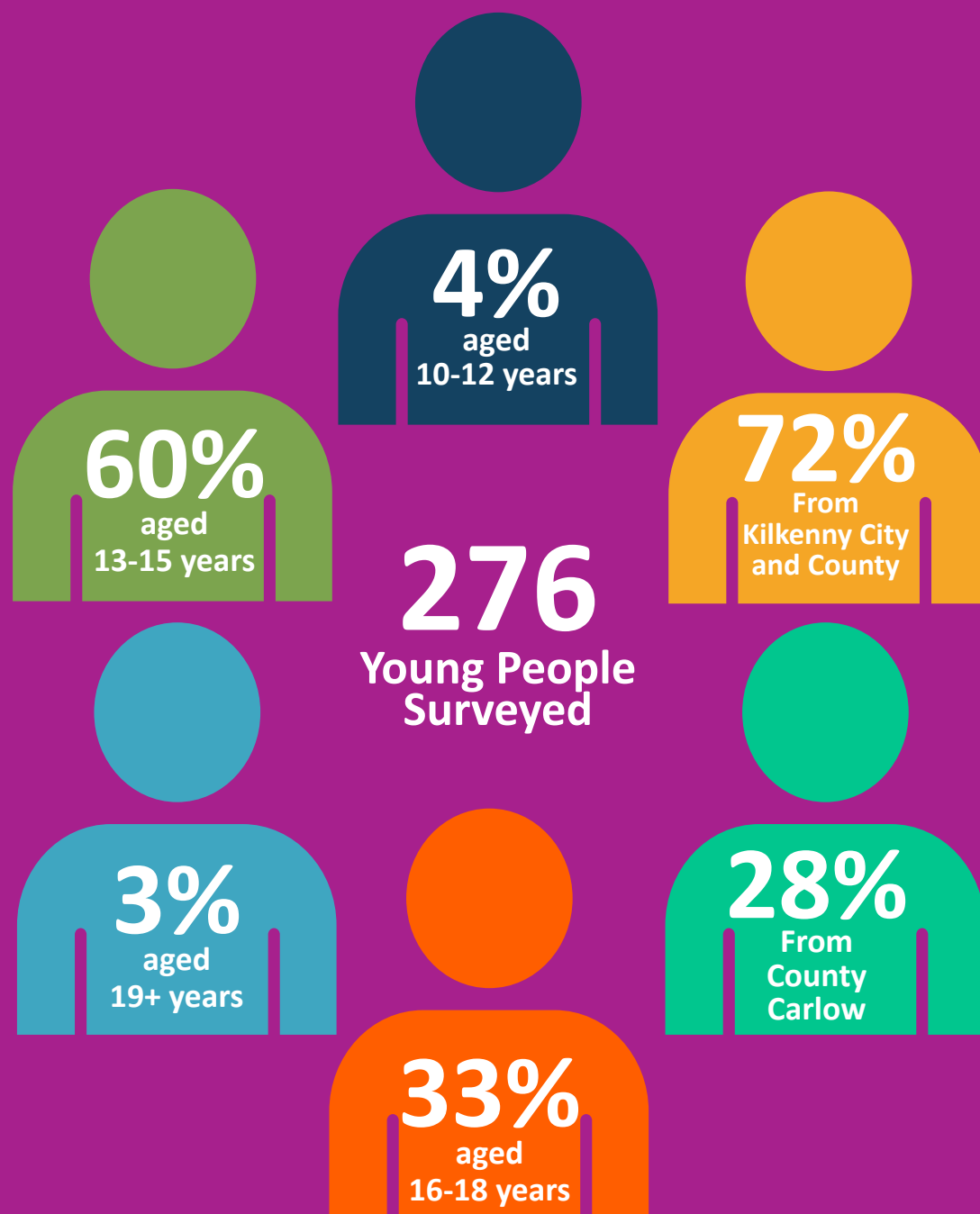
Young People's Survey

Better Outcomes Brighter Futures is the first National Policy Framework for Children and Young People which sets out five national outcomes for children and young people. A series of questions were asked of those consulted with reference to this policy in line with the requirements of the APSNAR tool.

Consultation with Young People In 2023

KCETB carried out a survey with 276 young people aged 10-24 years in Carlow and Kilkenny and the findings are as follows.

Kilkenny Carlow Young people aged 10-24



Outcome 1:

Active and healthy with physical and mental well being



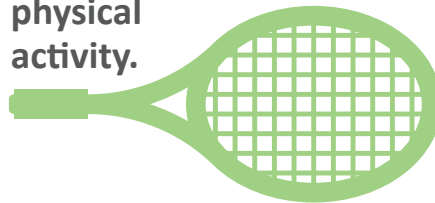
40%

of young people surveyed are involved with **local youth organisations**.



47%

of young people surveyed take part in **sports/physical activity**.



13%

of young people surveyed **do not engage** in any activities outside of school.



28%

of young people surveyed are involved in a **youth club**.



Young people cited the following reasons for not engaging in any activities outside of school.



16%

transport issues



13%

lack of money



17%

school commitments



Outcome 1:

Active and healthy with physical and mental well being



82%

of young people said that they have an adult in their lives that they can **talk** to and get **support** when needed.



31%

of young people are most worried about their **appearance**.



39%

of young people said they are most worried about their **mental wellbeing**.



45%

of young people said having a **friend to talk** to would help with their worries.

35%

of young people said being **listened to** would help with their worries



Outcome 1:

Active and healthy with physical and mental well being



28%

of young people said having something **positive** to do would help them with their worries.



66%

of young people said that their **physical health could be better**.



63%

of young people said that their **mental and emotional health** could be better.



68%

of young people said they feel **happy and satisfied** with their lives.



10%

of young people said they **do not feel happy and satisfied** with their lives

Outcome 2:

Achieving full potential in all areas of learning and development

17%



of young people said they are **unsure** about their **future opportunities**.



62%

of young people said they are **worried** about **school and exam pressure**.

77%



of young people feel that they have **opportunities** to complete their leaving certificate and **progress onward** to further education, employment and training.

6%



of young people said they feel they **do not have opportunities** to complete leaving certificate and progress onward to further education, employment and training.

Outcome 3:

Safe and protected from harm



91%

of young people said that they **feel safe in their home.**



4%

of young people said that they **do not feel safe** in their home.



74%

of young people said that they **feel safe in their school and community.**



11%

of young people said they **do not feel safe** in their school and community.

Outcome 4:

Have economic security and opportunity

55%

of young people strongly agreed or agreed that they feel **positive about their future.**



37%

of young people are unsure if they feel **positive about their future.**

9%

of young people said that they do **not feel positive about their future**



Outcome 5:

Connected, respected and contributing to their world



40%

of young people said, that they felt **left out, isolated or discriminated against.**



59%

of young people said that they feel **valued, respected and listened to in their community.**



11%

said that they do not feel **valued, respected and listened to in their community.**

30%

of young people were **unsure** if they felt **valued, respected and listened to in their community.**



64%

of young people said that they feel **valued, respected and listened to by their peers.**



75%

of young people said that they feel **valued, respected and listened to by the adults in their lives.**



11%

of young people don't feel **valued, respected and listened to by their peers.**



9%

of young people do not feel **valued, respected and listened to by the adults in their lives.**

CONCLUSION

Following the consultation process, KCETB submitted the updated APSNAR to DCEDIY. The feedback received formed the basis of our submission and ensured that the voices of the young people who will benefit from the UBU Projects in Kilkenny and Carlow were included.

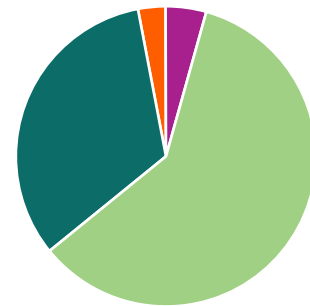
KCETB would like to thank the respondents for taking the time to participate in the consultation process. We look forward to working with Ossory Youth and Carlow Regional Youth Services in the next cycle of the UBU Your Place Your Space Scheme.

Appendix

Young Person Survey- Have Your Say!

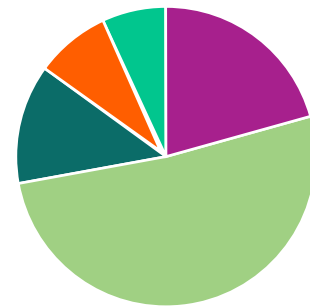
1. How old are you?

■	10 - 12	12
■	13 - 15	165
■	16 - 18	91
■	19+	8



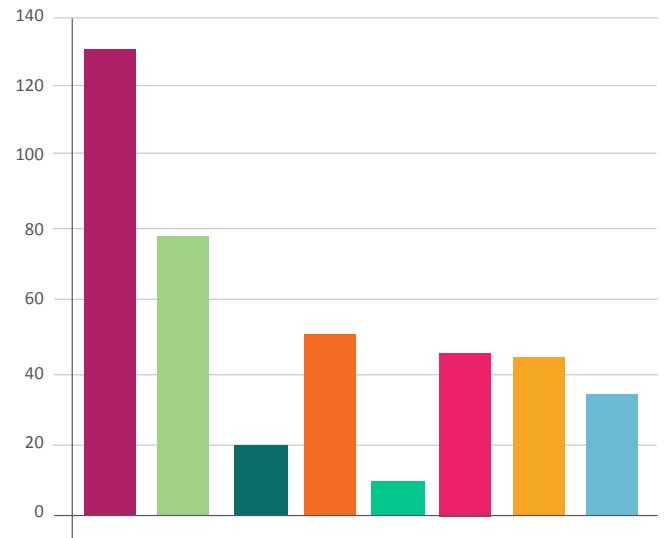
2. What area do you live in?

■	Kilkenny City and Environs	57
■	Kilkenny County	142
■	Carlow Town and Environs	36
■	North Carlow (Tullow/Hacketstown)	22
■	South Carlow (Bagenalstown/Borris)	19



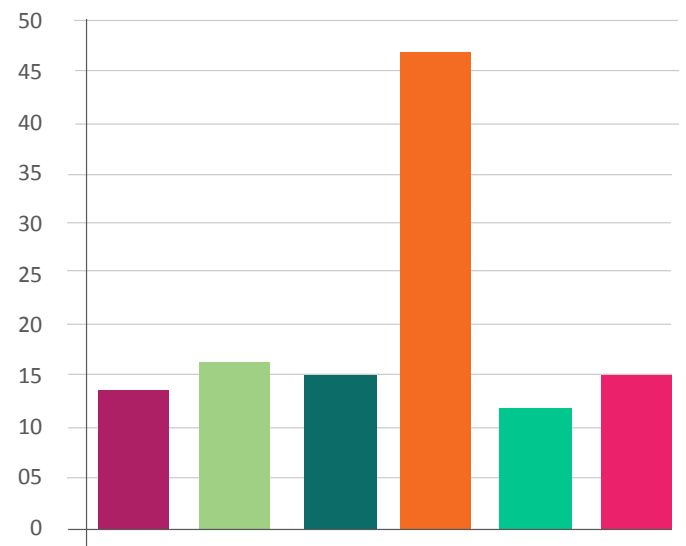
3. Please tick if you take part in any of the following

■ Sports and Physical Activity Hobbies	130
■ Youth Club	78
■ Afterschools Club	20
■ Ossory Youth Kilkenny	56
■ Foroige DRUM Youth Project	10
■ Carlow Regional Youth Services	44
■ Music, Dance, Drama, Theatre	43
■ I do not engage in any activity outside school	36



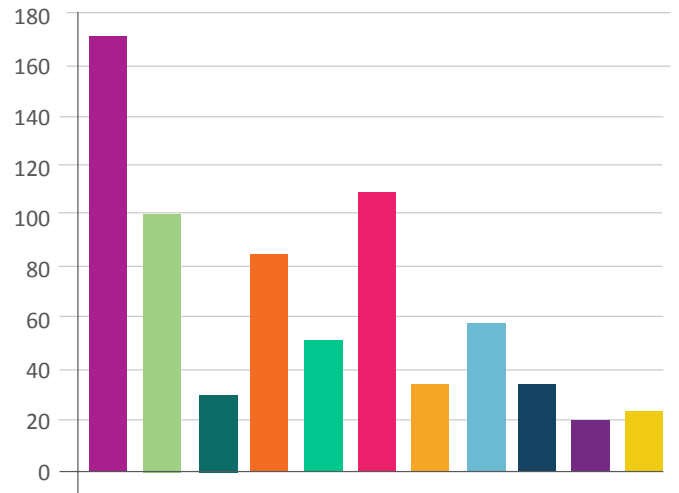
4. If you do not engage in any activities outside school, what are the reasons for this?

■ Home commitments	13
■ School commitments	16
■ Transport issues	15
■ No interest	47
■ Lack of money	12
■ Other	15



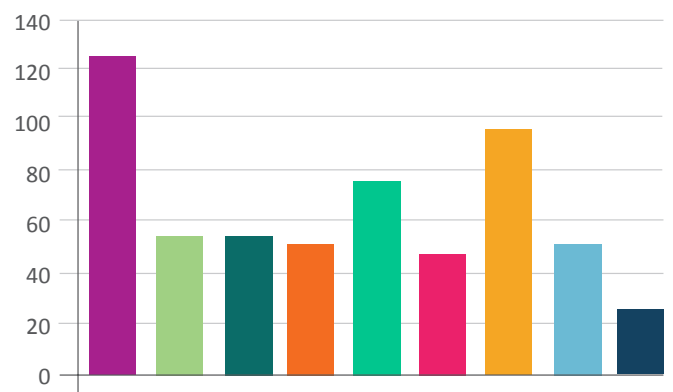
5. What are you most worried about today?

School and Exam Pressure	171
Future Plans	100
Being popular	28
My appearance	86
Intimate relationships	51
My mental health	109
My home life	35
Not having enough money	58
Feeling safe in my community	35
Feeling safe online	20
Other	23



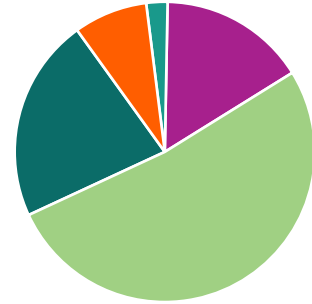
6. What would help you with your worries?

Having a friend to talk to	123
Having a trusted adult (outside family) to talk to	57
Having a supportive family	57
Having a youth friendly safe space to go to	56
Having something positive to do outside school hours	78
Counselling and wellbeing support service	46
Being listened to	97
Building up my resilience	54
Other	26



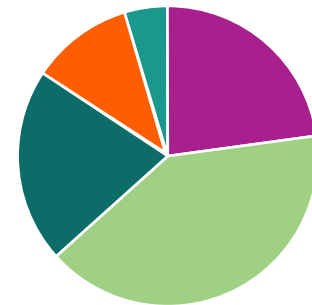
7. In general, I feel happy and satisfied with my life

Strongly agree	45
Agree	143
Not sure	61
Disagree	22
Strongly disagree	5



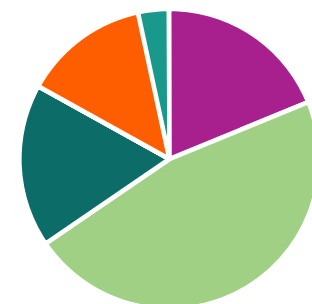
8. I feel that my mental and emotional health could be better

Strongly agree	63
Agree	112
Not sure	58
Disagree	30
Strongly disagree	13



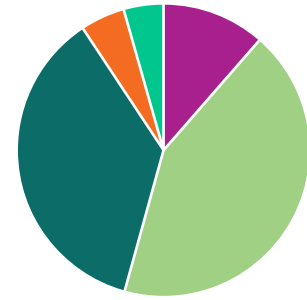
9. I feel that my physical health could be better

Strongly agree	52
Agree	129
Not sure	48
Disagree	37
Strongly disagree	10



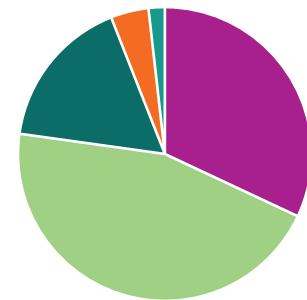
10. In general, I feel positive about my future

Strongly agree	31
Agree	120
Not sure	101
Disagree	12
Strongly disagree	12



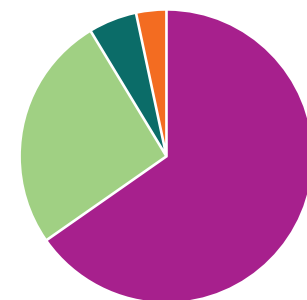
11. I feel I have opportunities to complete my Leaving Cert and progress onwards to further education, employment and training and/or higher education

Strongly agree	88
Agree	125
Not sure	47
Disagree	11
Strongly disagree	5



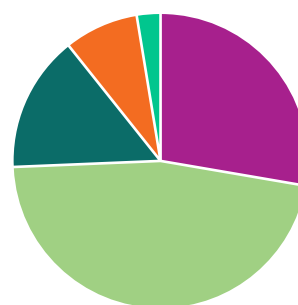
12. I feel safe in my home

Strongly agree	180
Agree	72
Not sure	14
Disagree	9
Strongly disagree	1



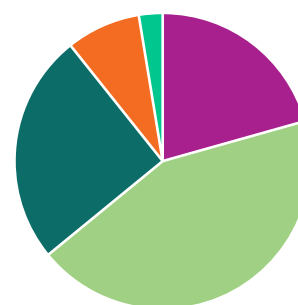
13. I feel safe in my school and community

Strongly agree	76
Agree	129
Not sure	42
Disagree	22
Strongly disagree	7



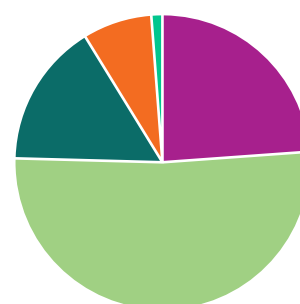
14. I feel I am valued, respected and listened to by my peers

Strongly agree	57
Agree	120
Not sure	70
Disagree	23
Strongly disagree	6



15. I feel I am valued, respected and listened to by the adults in my life

Strongly agree	66
Agree	142
Not sure	44
Disagree	21
Strongly disagree	3







An Roinn Leanaí, Comhionannais,
Míchumais, Lánpháirtíochta agus Óige
Department of Children, Equality,
Disability, Integration and Youth

